

January 30 & 31, 2021

This life is full of surprises and unexpected journeys. We experience a great many things as we go through each day, and sometimes those experiences can leave us feeling anxious. In an ever-changing world where the future seems uncertain, worry and fear run rampant. We are tempted to trust only in ourselves and do our best to provide everything we need. God has created us to depend on and trust in Him - not an easy thing to do unless we get to know Him. How can we know we can trust God?

- God assures us that we can let go of our anxiety
- God assures us that we can hold on to Him
- God assures us that we can trust Him

Questions for Reflection:

- How has your Heavenly Father shown you His faithfulness? Share big and small examples
- What circumstances presently make it hard for you to trust your Heavenly Father? What fear is behind that distrust?
- Is there a verse you know or from today that you can reflect on when you are caught in anxiety? How can you bring that verse to mind throughout your days (eg. write it on your mirror, sticky notes on the fridge, etc.)?

WILLINGDON CHURCH ELDERS

Phil Balzer	Jim Eisenhauer	Paul Lee	Mark Reimer	Norm Schmidt
John Best	Ray Harms-Wiebe	Mark Loewen	Rick Reimer	Ed Thiessen
Roman Bondartchouk	Ruben Heyn	Dave Marshall	Vince Reimer	Wayne Wiebe
Ken Dyck	Danny Lee	Ken Redekopp	Willy Reimer	Rick Wilson

Please continue to pray for the elders.

If you wish to contact an elder, please email elders@willingdon.org.