September 5 & 6, 2020 Series Title: Open & Unashamed Sermon Title: How do I quench my thirst? Psalm 42 (Pew Bible Page: 469) Pastor Ray Harms-Wiebe

The trellis is a common support used to get plants off the ground and growing upward. Supported by a trellis, plants become more fruitful and productive. Each of us has a personal trellis, rhythms and practices we follow to support our spiritual lives. Did your personal trellis enable you to thrive this summer?

In Psalm 42, the songwriter asks, "When can I get back to festive worship gatherings in the temple to quench my thirst?" Prior to COVID-19, many of us had weekend church gatherings as the foundation of our trellis, so it is natural for us to ask, "When can we go back to having our weekend gatherings?" Perhaps this question dominates your thinking.

How do we quench our thirst in this unusual season?

- Focus your longing on God to move beyond lament
- Listen to God's truth to move beyond your troubling questions
- Strengthen your spiritual rhythms to move beyond your inner turmoil
- · Receive God's life-giving water to move beyond your thirst