

## NOTE FROM PASTOR JONATHAN

### DISCUSSION QUESTIONS (Pick and adapt any that will help your group discuss the sermon.)

Check out the Questions with Notes and Commentary to dig deeper: <https://willingdon.org/lifegroups/leaders-corner/>

Let's Warm Up: Questions to break the ice.

1. What's your favorite way to use something for a purpose it wasn't originally made for?
2. What's something normal or acceptable for most people, but something you avoid?
3. What's something obvious to other people that took you a long time to realize?

Let's Get Started: Questions to start thinking about the main themes.

4. What are some signs that the enjoyment of something good has become harmful?
5. Pastor Ray said, "We live in an age of what's called 'expressive individualism'. Each person seeks to give expression to their inner life, rather than identifying with a human community, much less submitting to God's design. Authenticity to one's inner feelings rules the day."  
Why is it dangerous to focus on our individual desires and feelings?

Let's Dig In: Questions to discuss the passage and how we can respond.

6. What are the benefits of understanding God's plans for our bodies? What are the hazards of getting it wrong?
7. How does uniting with others in sin (e.g., sexual sin) affect our unity with Jesus?
8. Why should we "flee" from sexual sin?
9. Pastor Ray said, "True Christian freedom is not just freedom *from* something, but for it to be meaningful, it must be freedom *for* something. A disciple of Jesus lives *for* Jesus in every area of their lives. A disciple of Jesus lives for Jesus, in every area of life and in all of one's life, body and soul. A disciple's freedom is for God's glory and the benefit of others."  
How does our concept of freedom differ from the world's?
10. How can you pursue healing and restoration from sexual sin?  
OR  
How can you help others pursue healing and restoration from sexual sin?